

12 July 1979

mailed 7/19/79

Professor Robert E. Olson
St. Louis School of Medicine
1402 South Grand Boulevard
St. Louis, Missouri 63104

Dear Professor Olson:

I submit herewith, in quadruplicate, my paper
"Dietary Influences on the Synthesis of Neurotransmitters
in the Brain," for publication in Nutrition Reviews.

You will see by reading the paper that I am
concerned about the misrepresentation by Dr. John H. Growden
and Dr. Richard J. Wurtman, in their paper with the same title
that was published in Nutrition Reviews for May 1979. It seems
to me to be grossly improper for the authors of this paper to
present ideas and arguments almost identical with those in a paper
published by me in 1968, and to describe them as novel, previously
unsuspected, startling, and new. I cannot believe that the authors
do not know about my 1968 paper and about the 1973 book that I was
co-editor of. It is possible, of course, that they know about the paper
and the book but have relied on hearsay in deciding that they were not
worth reading.

It has been reported to me that Dr. Wurtman has stated in
public that his work has nothing whatever to do with orthomolecular
psychiatry. Such a statement, of course, cannot be supported. If
the statement were made, it must have been made because of ignorance
about orthomolecular psychiatry.

I have kept my paper short, because the articles in
Nutrition Reviews are short. I hope that you can make a decision
about publication of my paper without very much delay. I want it
to be published as soon as possible. If you do not accept it for
Nutrition Reviews, I plan to expand it and to make it more critical
of the authors.

Sincerely,